



## FALL PROTECTION PLAN DEVELOPER

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### Who Should Attend:

Site supervisors, safety officers, legally appointed FPP developers (per applicable Acts and Regulations). This course will enable anyone who is involved in managing people for work at height to develop (write) and implement a fall protection plan.

### Entry Requirements:

- Original certified copy of identification document/passport (driver's licenses are not accepted).
- Copy of valid NQF Fall Arrest & Basic Rescue US229998 & US229995 certificate.
- Learners must have basic numeric literacy and should be proficient in English reading and writing, up to the level of Grade 10.

<p><b>Price per Person:</b></p> <p>Refer to training price list.</p> <p><b>Candidates Allowed per Group:</b></p> <p>Minimum: 8 Maximum: 12 <i>*Please communicate preferred group sizes to the relevant bookings personnel as some clients may require smaller groups. Please be aware that smaller group sizes may affect your course price.</i></p> <p><b>Course Duration:</b></p> <p>Days: 2</p>	<p><b>Course Specifics:</b></p> <p>US229994 – Assess work sites for work at height and prepare a fall protection plan. NQF Level 4 Credits: 3</p> <p>Certificate is valid for 3 years.</p> <p>Designation: Fall Protection Planner.</p>
<p><b>Theoretical Knowledge:</b></p> <ol style="list-style-type: none"><li>1. Introduction to work at height.</li><li>2. Work at height definitions.</li><li>3. Legislation regarding work at height.</li><li>4. Perform a baseline risk assessment.</li><li>5. Perform pre-task risk assessments.</li><li>6. Interpret Construction Regulation 10:<ol style="list-style-type: none"><li>6.1 Design a risk assessment for work done in a fall risk position.</li><li>6.2 Develop a process for the evaluation of employee's medical fitness necessary to work in a fall risk position.</li><li>6.3 Develop a program for the evaluation of employee's training requirements necessary to work in a fall risk position.</li><li>6.4 Develop a procedure for addressing the inspection, testing and maintenance of fall protection equipment.</li><li>6.5 Develop a rescue plan detailing the necessary procedure for an effective rescue of a person in a fall incident.</li></ol></li><li>7. Basic knowledge of reporting a fall risk incident.</li><li>8. Manage the safety of personnel from a fall risk position.</li><li>9. Develop and complete a site information form.</li><li>10. Implement a monitoring and review plan.</li><li>11. Maintain and distribute a Fall Protection Plan and appropriate record keeping.</li><li>12. Be able to consider factors for the evaluation of people suitable to perform work at height tasks.</li><li>13. Be able to explain the importance of the "buddy system".</li></ol>	<p><b>Practical Skills:</b></p> <ol style="list-style-type: none"><li>1. Work at height equipment and limitations.</li><li>2. Fall factors and shock loading pertaining to work at height.</li><li>3. The content of fall protection plans, based on legislation governing work at height.</li><li>4. Knowledge of the mechanism for suspension trauma/syncope.</li><li>5. Be able to identify and solve problems through critical and creative thinking.</li><li>6. Be able to work effectively with others.</li></ol>

### Important Notes:

1. All training will be done in accordance with local and international best practices as well as local acts and regulations. After successful completion of this course he/she will be found competent as per Occupational Health and Safety act 85 of 1993 Construction Regulations 1.
2. All Fall Arrest and Basic Rescue Technicians must work under competent supervision as per site/task requirement, ensuring a fall arrest rescue can be performed at any time as per Occupational Health and Safety Act 85 of 1993, Construction Regulations 10.2 (e).
3. All Fall Protection Planners must be appointed in writing and are responsible for the implementation, amendments and maintenance of a fall protection plan as per Occupational Health and Safety act 85 of 1993 Construction Regulation 10.
4. Gravity Training cannot be held responsible for any unsafe and unlawful acts or behavior as it is the duty of the technician to ensure his/her own safety and the safety of others on the work site.